

Use of novel biphasic calcium phosphate with submicron surface topography in posterolateral fusion

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Introduction

The number of spine fusion procedures continues to increase proportionately with the aging population.¹⁻² Posterolateral spinal fusion (PLF) is one of the more challenging clinical indications in the spine requiring a bone graft because the aim is to form a large, consolidated bone mass through the paraspinal soft tissues with limited host bone contact. A major obstacle associated with this indication is the lack of available local autograft. As a result, surgeons continue to search for the most advanced and affordable bone graft in order to achieve successful spine fusion without the well-known co-morbidities related to harvesting autograft.³ Usage of synthetic calcium phosphate bone graft has increased in recent years as they have demonstrated support of bone formation and reduced the need to harvest large amounts of autologous bone.⁴⁻⁵ This class of bone graft closely resembles the composition of human cancellous bone and has proven to be cost-effective with a very low incidence of adverse reactions and graft-related complications.⁶

The body's natural response to spinal surgery is the upregulation of macrophages, especially the pro-inflammatory M1 phenotype.⁷⁻⁸ This can lead to the formation of scar tissue and – ultimately – a non-union. MagnetOs is a biphasic calcium phosphate (BCP) bone graft with a unique submicron surface topography. Its submicron needle-shaped surface features have been shown, using in vitro studies of human-derived monocytes, to promote attachment and spreading of M2 macrophages, reliably leading to the formation of bone instead of scar tissue.⁹

In preclinical studies, MagnetOs has been shown to promote bone formation, even in soft tissue, without the need for added cells or growth factors.^{10,*,*} MagnetOs is designed to mimic the porous, trabecular structure of cancellous bone. Clinically-relevant animal models of posterolateral fusion demonstrate that bone formation takes place throughout MagnetOs simultaneously, leading to uniform, solid and stable fusions.^{11-12,*}

The purpose of this evaluation of a consecutive case series was to assess radiographic success, functional and pain outcomes following posterolateral lumbar fusion using a novel biphasic calcium phosphate bone graft with a unique submicron topography (MagnetOs™, Kuros Biosciences, B.V.).

Methods

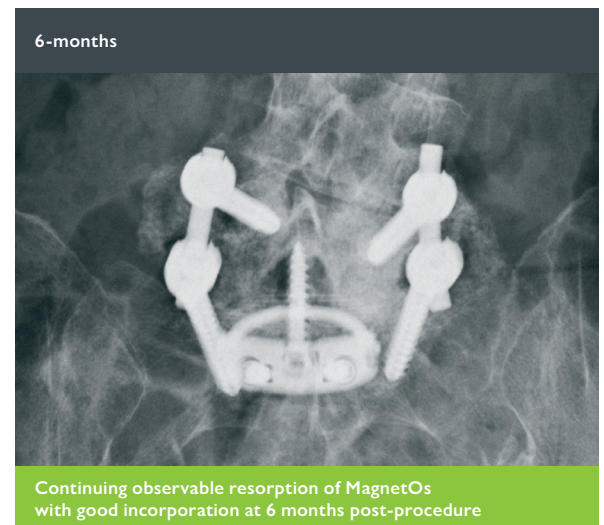
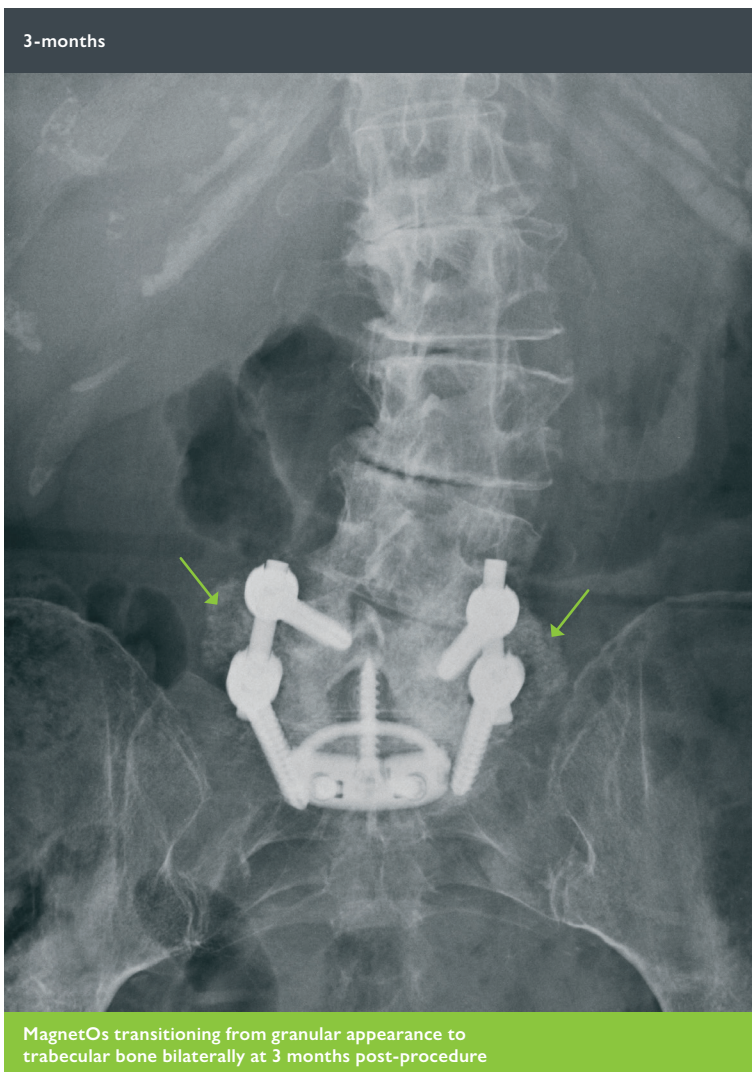
Four female patients with an average age at the time of surgery of 62.7 (50-70 years of age) underwent a single or a two-level posterolateral fusion procedure for the treatment of degenerative spondylolisthesis or deformity using MagnetOs over the transverse processes and/or the facet joints. Each of these cases involved a perimenopausal/postmenopausal woman; a life stage known to negatively affect bone quality and cause concern when aiming for a successful fusion outcome.

Anteroposterior and lateral radiographs, visual analog scale (VAS) for back and leg pain, Oswestry Disability Index (ODI), and medication usage were reviewed pre-operatively and post-operatively at 2, 3, 6, and 12 months. VAS and ODI scales were not available at 12 months; however, considering the marked improvement reported by each patient at 6 months, little significant improvement at this time point would be appreciated.

Case Study 1 ALIF

A 69-year-old woman presented with back and left leg radicular pain. Conservative treatment included acupuncture, nerve blocks and physical therapy. Pre-operative radiographs and MRI findings revealed lumbar scoliosis and foraminal stenosis at L5-S1. Patient reported ODI score of 56 and back pain scores equal to leg pain (8/10) on VAS. Pain was also managed with a combination of Ibuprofen and acetaminophen. Surgical treatment included an anterior interbody/posterior fusion with posterior fixation at L5-S1 and MagnetOs granules mixed with bone harvested from the facets placed laterally to the posterior stabilizing hardware.

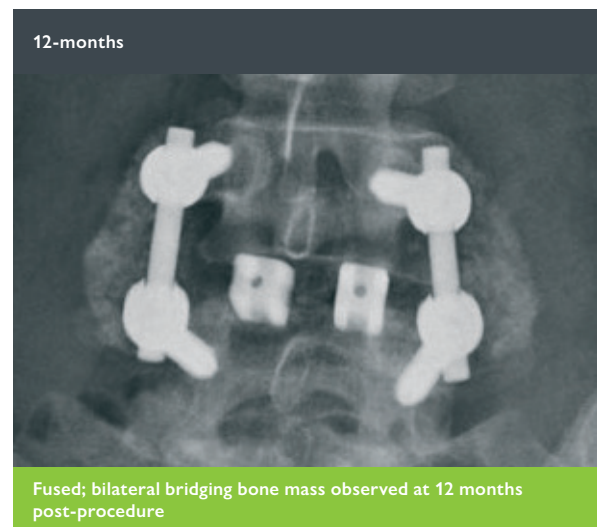
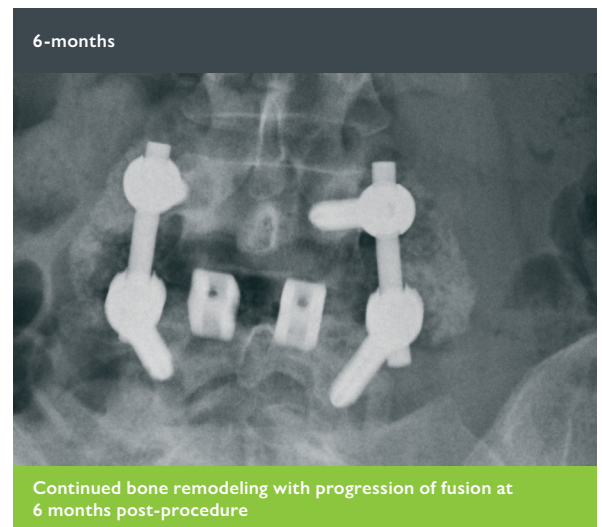
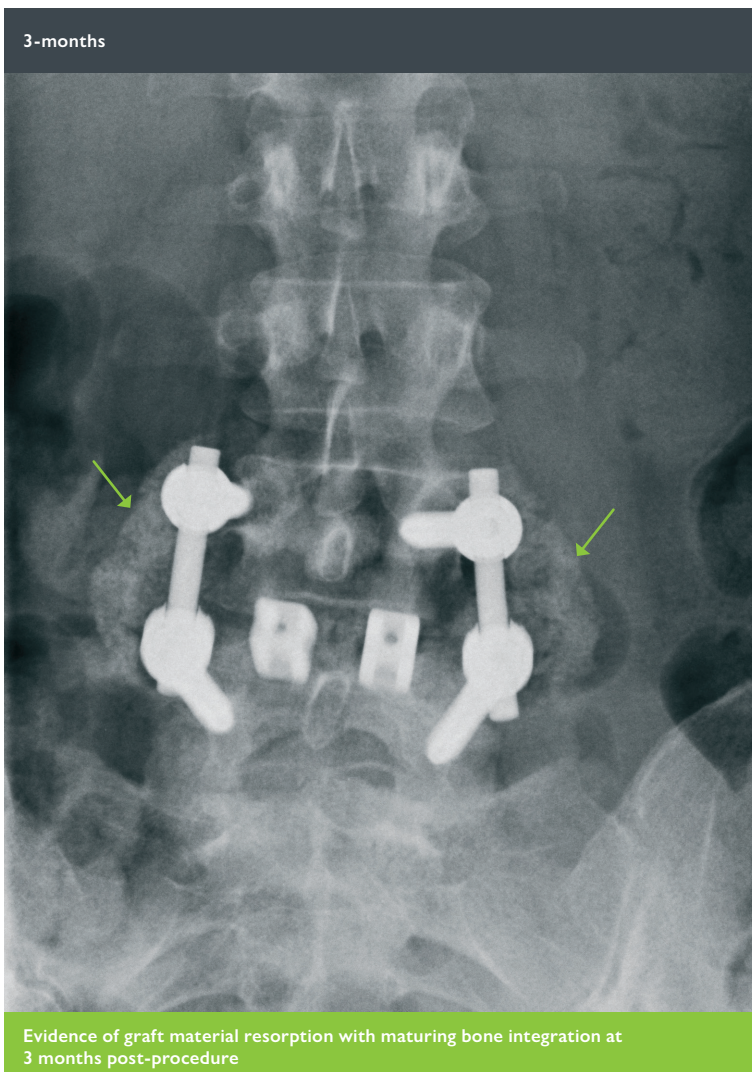
The patient's leg pain had completely resolved by the 6-month visit. The patient reported completely resolved leg pain, reduced back pain (4/10), ODI function score of 34 and medication usage had significantly reduced. Radiographs revealed fusion progression with good incorporation of MagnetOs in the posterior fusion mass. Bone remodeling and graft resorption were evidenced by the loss of granular appearance graft. The 12-month visit radiographs showed solid bilateral bridging fusion. The patient indicated all pain medication had ceased, and clinically no further surgery was indicated.



Case Study 2 PLIF

A 50-year-old female presented with intractable 10/10 back pain and 8/10 right leg pain on VAS, pre-operatively. Following failed conservative care, which included MS Contin and Tramadol for pain, nerve blocks and physical therapy, surgery was indicated. Pre-operative radiographs and MRI imaging revealed degenerative spondylolisthesis at L4-5. She underwent a posterolateral fusion with instrumentation at L4-5 with MagnetOs granules used as an extender over the lateral gutters combined with a posterior lumbar interbody fusion at

L4-5 using a PEEK coated interbody device packed with local bone. Imaging at 6 months showed the progression of fusion with good bone remodeling and the development of bilateral bridging. The patient reported minimal back pain (3/10) and leg pain (1/10) requiring only Tramadol 50 mg daily. Her function score dropped from 54 pre-operatively to 20. At the 12-month visit, radiographs demonstrated a solid bilateral fusion and Tramadol only prescribed as needed.

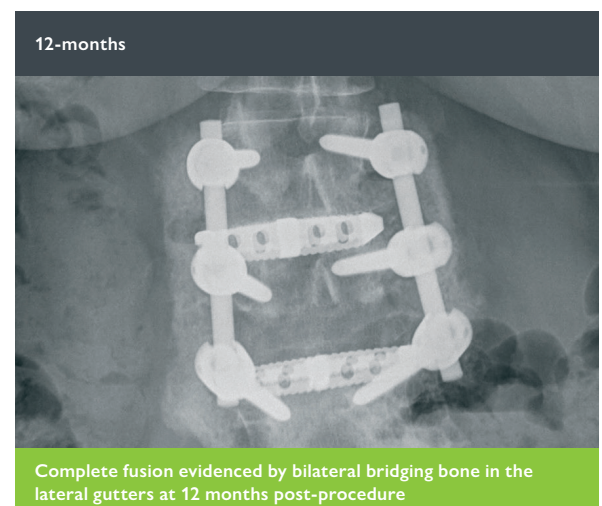
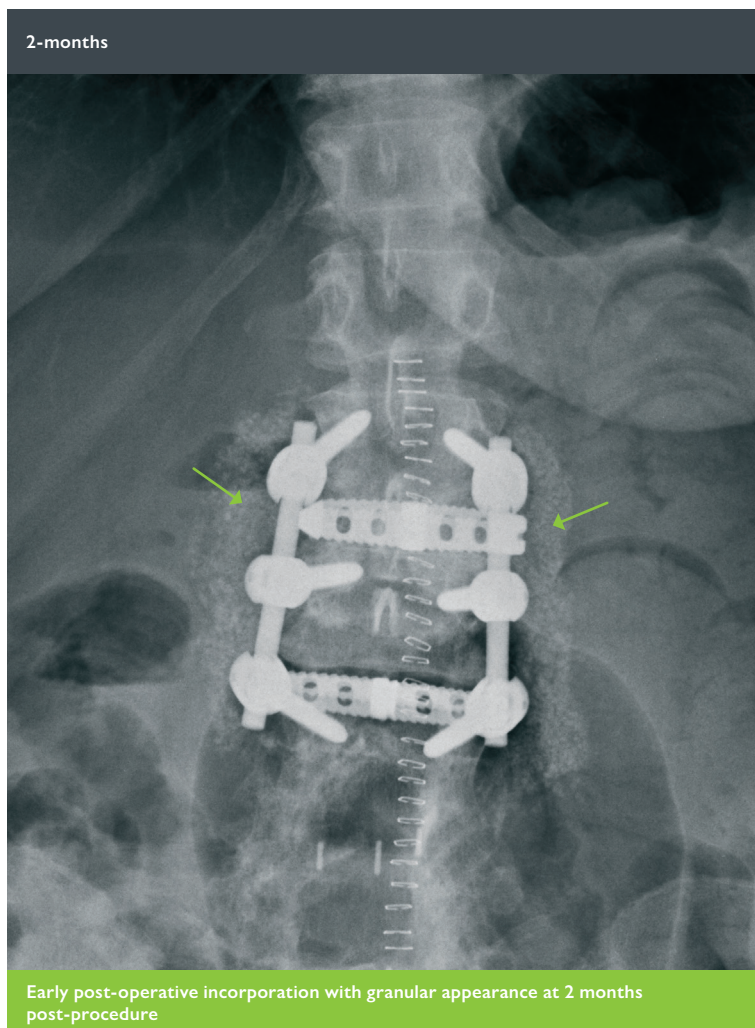


Case Study 3 XLIF

A 62-year-old female with back pain, bilateral leg pain, and paresthesia. She required the use of a wheelchair to ambulate and has resultant paraspinal muscle atrophy. She had lumbar fusion surgery at L4-5, L5-S1 10 years prior. Patient reported pre-operative 10/10 back pain, 9/10 leg pain, and a very poor ODI function score of 78. Conservative care included physical therapy and pain medication through a combination of Duragesic, Duloxetine, and Amitriptyline. MRI and plain radiographs showed degeneration at L2-3, degenerative spondylolisthesis at L3-4, and a fusion L4-S1 with loss of lordosis.

The surgical plan involved extending the fusion above the previous fusion levels and decompression at L3-4. A 2-level posterolateral fusion with fixation at L2-3, L3-4 placing

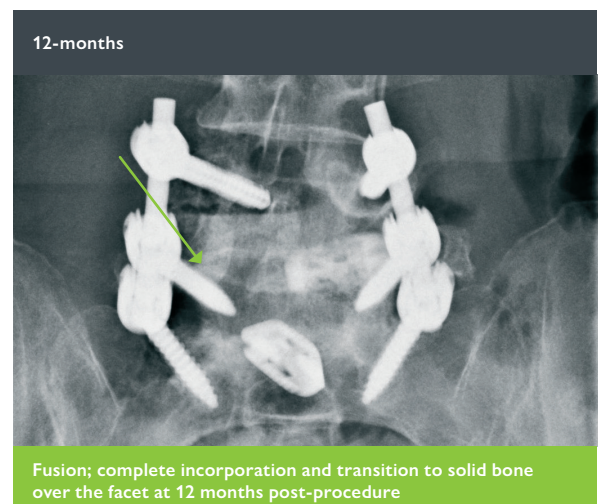
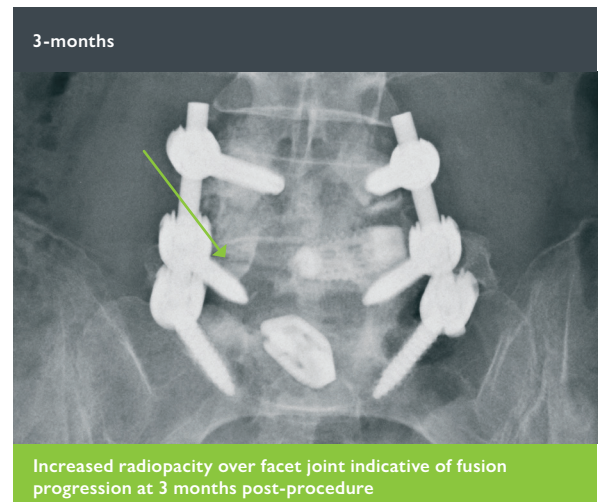
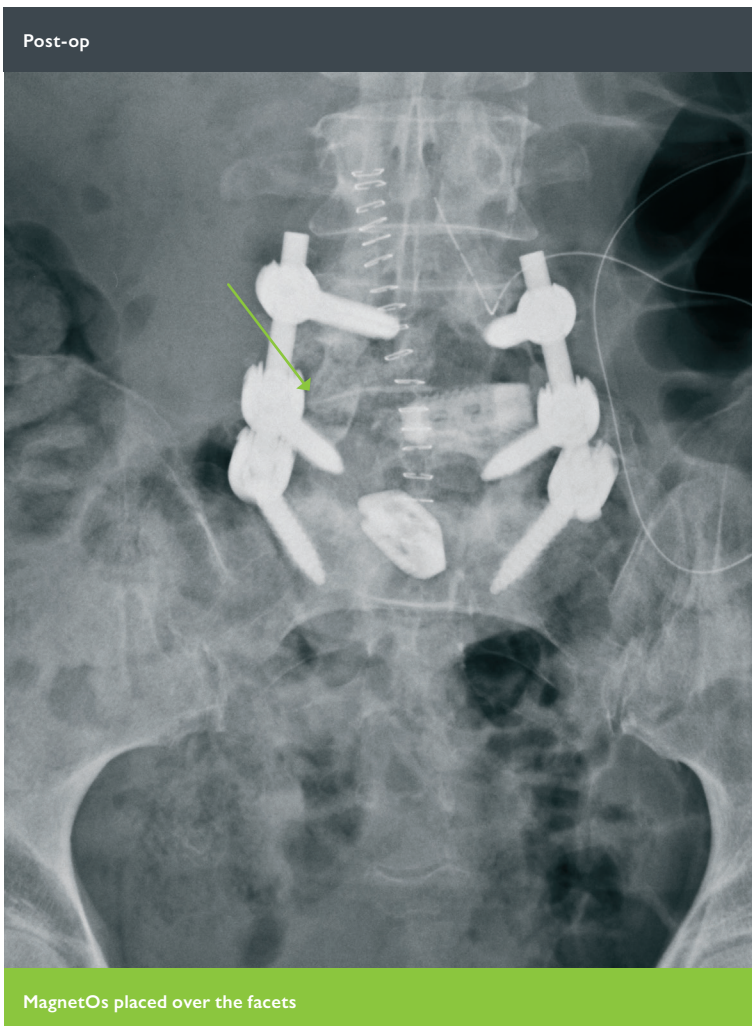
MagnetOs granules, which were mixed with local bone, in the intertransverse process area was performed in combination with interbody fusion at the same levels. Radiographs at 6 months demonstrated fusion progression, good incorporation of MagnetOs into the fusion bed and graft resorption evidenced by the change from granular to more trabecular appearance. The patient was still rehabilitating but reported significantly improved pain and function scores. Her back pain score decreased from 10/10 to 4/10 on the VAS, leg pain decreased from 9/10 to 1/10, and her ODI score improved from 78 to 40. Pain medication usage reflected the reported improvement in pain, as narcotics were discontinued. At 12 months, the radiographs revealed a solid fusion bilaterally and medication had been reduced to Tramadol 50 mg as needed.



Case Study 4 TLIF

A 70-year-old female with a history of prior decompression at L4-5 and fusion at L5-S1 presented with back pain greater than leg pain. She had failed conservative treatment consisting of physical therapy and pain management. Patient reported 8/10 back pain, 2/10 leg pain, and a poor ODI function score of 60. Pre-operative radiology reports revealed degenerative spondylolisthesis at L4-5. She underwent a posterolateral fusion with fixation at L4-5. MagnetOs granules were mixed with bone harvested from the facets and placed medially to the posterior stabilizing hardware. The surgical plan also included an interbody fusion at L4-5.

Radiographic imaging at 3 months post-op demonstrated fusion progressing well, good graft incorporation and resorption with noticeable changes from granular to a more trabecular appearance. The patient reported marked improvement in pain and function scores. Her back pain had decreased from 8/10 to 1/10 on the VAS scale, leg pain was completely resolved, and her ODI function score improved from 60 to 20. All pain medications had been discontinued other than OTC Tylenol, as needed. At 12 months, the x-rays demonstrated solid fusion and full incorporation of bone graft as demonstrated by increased radiopacity at the facets.



Discussion

Historically, conventional synthetic bone grafts such as β -TCP have underperformed when compared to autograft in spinal fusion.¹³ The cases described herein clearly demonstrate the effective use of a biphasic calcium phosphate with a novel submicron surface topography in achieving fusion in the posterolateral spine. This cohort includes four (4) women of menopausal/post-menopausal age at risk for diminished host bone quality. MagnetOs granules were implanted over the facets and/or in the lateral gutters. The posterolateral spine environment is a challenging biological and biomechanical environment, as it provides limited host bone contact and significant exposure to soft tissues.¹⁴

Each case reported successful outcomes radiographically and in pain and function scores. Regular follow-up x-rays showed the replacement of the granular nature of the graft with trabecular bone over time. Significant pain and function improvements were demonstrated with a 67.5% average (range 50%-90%) improvement in back pain and a 95% average (range 90-100 percent) improvement in leg pain. The function scores improved an average 31.5 points (range 22-40 points) and pain medication usage was dramatically reduced or eliminated. There were no device-related adverse events reported and none of the patients required revision surgery within 12 months following the index procedure. Despite this being a small cohort of patients, these preliminary findings indicate that MagnetOs is an effective bone graft for posterolateral fusion, worthy of future clinical research.

Conclusion

This case series review demonstrates successful fusion results in a potentially bone density challenged group. It shows that MagnetOs directs bone formation early in the healing process and the graft resorbs at a physiologically balanced rate, thus supporting the transition from woven to trabecular bone and the development of uniform, stable and solid posterolateral fusions. These outcomes confirm results from preclinical studies that MagnetOs is an ideal bone graft extender for use in posterolateral fusion.

References

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In these cases, MagnetOs was implanted as an extender to bone in posterolateral fusion. Please refer to the instructions for use for a full list of indications, contraindications, warnings and precautions.

